



headspace in Schools

Supporting young people:

What the session will cover:

- Information about mental health and wellbeing in adolescence
- Skills & strategies to enhance your connection and communication with young people about mental health
- Strategies for you to support your young person and where to access professional support

Please RSVP by Friday 13 Sept

To the school office on

Ph 61422200 or email

Info@Harrison.act.edu.au

Name of parent

Child's year level

Tuesday 17 September 2019

Harrison School , Wimmera Street, Harrison

Time: 6pm—7:30pm

Available to secondary school parents/carers (not suitable for children/young people).

There is no cost to attend this session



This session is facilitated by the Schools Suicide Prevention Activities team.,

The Schools Suicide Prevention Activities Initiative is funded by the Australian Government