



**ACT**  
Government  
Education



Monday, 20 March 2017

**Anytime Fitness Gungahlin/Casey Mini Boot Camp in Kindergarten**

Dear Parents/Carers,

Kindergarten is participating in a mini boot camp run by Anytime Fitness Gungahlin/Casey on Monday 27 March 2017 and your child will be participating in a 30 minute physical activity session.

This incursion relates to the current inquiry focus. 'How do we stay safe happy and healthy?' Children have had discussions about how to stay healthy through eating and exercising. The aim of the inquiry is to explore a variety of health and safety components and teach students about taking responsibility and protecting themselves.

Anytime Fitness Gungahlin/Casey Mini Boot Camp is a free service and the organisers believe in empowering our children to be physically active through a range of exercises and body movements.

If you have any questions, please feel free to email me at [stephanie.walker@ed.act.edu.au](mailto:stephanie.walker@ed.act.edu.au)

Regards,

Stephanie Walker  
Kindergarten Classroom teacher  
& Anytime Fitness Gungahlin/Casey Mini Boot Camp Coordinator