

Group 1
Year 2 ACT Water Safety Program
14 - 18 September 2026 (Week 9, Term 3)

Dear Parents and Carers,

Harrison School is excited to offer all Year 2 students the opportunity to participate in the ACT Water Safety Program delivered through Royal Life Saving ACT. This program provides students with essential swimming, water safety, survival, rescue and lifesaving skills. Participation in this program is an ACT Education Directorate requirement for all Year 2 students.

The ACT Water Safety Program is a 5-day intensive program for Year 2 students, teaching swimming, survival, rescue and lifesaving skills. The program follows the nationally recognised Royal Life Saving Swim and Survive Curriculum, which is closely aligned with the National Swimming and Water Safety Framework.

The program includes practical pool sessions as well as classroom learning modules provided to schools to complement students' learning and understanding of water safety concepts.

These lessons will be delivered over a one-week program, with students participating in one 1-hour session each day at Gungahlin Leisure centre.

Name of Excursion:	Year 2 – ACT Water safety program
Purpose/Information:	The ACT Water Safety Program is a 5-day intensive program for Year 2 students, teaching swimming, survival, rescue, and lifesaving skills. It follows the nationally recognised Royal Life Saving Swim and Survive Curriculum which is closely aligned with the National Swimming and Water Safety Framework
Date and time:	Term 3- Week 9 14 – 18 September Session Times: Group 1 10:00am, Group 2 11:00am, Group 3 12:00pm and Group 4 1:00pm
Transport:	Private Bus – CDC Canberra
Venue/Location:	Gungahlin Leisure Centre
Teacher in charge:	Jacqui Martin & Justine Boreham
Anticipated number of students and staff ratio:	Total Students: 94 Total Staff: 7 + Water Safety Program Staff
Contingency:	In the event that cancellation is required, parents will be notified as soon as the school is aware
Cost:	\$55.00 – Payment made directly to Royal Lifesaving ACT This includes 5x 1hr lessons, pool entry and transport
Due date:	Friday 4 September 2026 * Notes may not be accepted after this date
Staff attending:	Year 2 teachers + Learning Support Assistants
Additional Information:	All year 2 students are highly encouraged to participate. Any students not attending will join other Year 1/2 classes.
Safety/Emergency procedures:	If needed, the school can be contacted at (02) 6142 2200 . In an emergency the school has access to all facilities and the appropriate emergency services. It is important that staff are aware of your child's swimming ability prior to the event. Please ensure you carefully complete the attached permission note indicating your child's swimming ability.
Excursion Risk Assessment:	Available at the front office

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Permission Note

I give permission for my child _____ in class _____
to attend the Year 2 ACT Water Safety Program Excursion to Gungahlin Leisure Centre on 14 – 18 September
travelling by private bus and any other details as outlined in the Excursion Information for Parents (including
contingency plans).

- ☐ *I agree to my child participating in the activities associated with this excursion mentioned previously. I have discussed
with my child the need for expected behaviour on this excursion. I authorise the school to make arrangements for the
welfare of my child (including medical or surgical treatment) in an emergency and I agree to meet the associated
costs. I have provided to the school all medical information relevant to my child attending this excursion.*
- ☐ *I agree that my child will be under the authority of the school for the duration of the excursion and that the school is
authorised to return my child to school or home at my expense if the school considers that circumstances warrant
such action. I give permission for my child to travel by private car, driven by a staff member or parent, in an
emergency.*

As a part of this assessment and to help ensure the safety of your child, please provide the following information:

My child can swim:

- ☐ Yes
☐ No

Distance my child can confidently swim:

- | | |
|---------------------------|----------------------------|
| ☐ 10m | ☐ 25m |
| ☐ 50m | ☐ 100m |

The [Medical Information and Consent form](#) is required to be completed annually, at the start of the school year, and
prior to the first excursion. Please update and inform the school of any changes in your child's medical details as
they occur.

- ☐ Yes ☐ No Are there any changes since you last filled out the Medical Information and Consent form?

If yes, an updated [Medical Information and Consent form](#) is required (also available through the front office).

- ☐ Yes ☐ No Will your child require medication to be administered during the excursion (e.g. allergy
medication, pain relief?)

*If yes, please complete a [Medication Authorisation and Administration Record](#) (also available through the
front office).*

- ☐ Yes ☐ No Is there any additional Information you need to provide to support your child's participation in
this excursion?

If yes _____

Name of parent/Carer (please print): _____

Signature: _____ Date: / /



Year 2 ACT Water Safety Program

Lesson Overview



The ACT Water Safety Program is a 5-day intensive program for Year 2 students, teaching swimming, survival, rescue, and lifesaving skills. It follows the nationally recognised Royal Life Saving Swim and Survive Curriculum which is closely aligned with the National Swimming and Water Safety Framework.

All schools have been provided with classroom learning modules, designed to complement the practical sessions at the pool.

Teachers will provide parents and carers with the links to enrol students into beginner, intermediate, or advanced levels based on their swimming ability.

● BEGINNER

Students in this level will work towards Swim and Survive Level 3

Level 3 includes slide entries, floating on the front & back, treading water for 30 secs, swimming 10m freestyle, 5m backstroke, learning the survival strokes, submerging in chest-deep water, and simple survival sequences.

● ADVANCED

Students in this level will work towards Swim and Survive Level 7

Level 7 includes stride and dive entries, sculling, floating and treading water for 2 minutes while signalling for help, swimming 75m freestyle, 50m backstroke and breaststroke, searching for objects in deep water, throw rescues, and

● INTERMEDIATE

Students in this level will work towards Swim and Survive Level 5

Level 5 includes step entries, sculling, floating and treading water for 1 minute, swimming 25m freestyle, 25m backstroke, 15m breaststroke, 15m survival strokes, practicing reach rescues, and survival sequences with buoyant aids.

Final Day Activity

All students will take part in a supervised water safety scenario using an inflatable boat while wearing clothes in the pool.

Suggested clothing: long pants and a long-sleeved top, pyjamas, or other old clothing suitable to be worn in the pool.



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Payment – Direct to Royal Lifesaving ACT

How to Register:

- Create a Family Account on iClassPro
- Add your child as the "student" to the account
- Enrol in the correct class using the provided link below
- Complete payment at the time of enrolment
- Receive confirmation and receipt via email

For assistance, families can contact (02) 6260 5800

Class Levels – Week 9:

Please only select the relevant link for your child's class. Please note 2SM students are going to be split across the 4 groups, please select the group your child has been allocated to.

Group 1 10:00am-11:00am <u>Class attending</u> • 2EB + 2SM students joining group 1	Beginner Suitable for students with little or no swimming experience, requiring support with floating and movement in the water. Link to register for beginner: https://portal.iclasspro.com/royallifesavingact/class-details/1261 Intermediate Students should be able to float unassisted and swim at least 10 metres continuously with basic technique. Link to register for intermediate: https://portal.iclasspro.com/royallifesavingact/class-details/1262 Advanced Students confident in deep water, able to tread water for 1 minute and swim 15 metres using correct stroke technique. Link to register for Advanced: https://portal.iclasspro.com/royallifesavingact/class-details/1260
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Name of child: _____

Class: _____

I have completed my child's registration: Yes ☐

I have paid the amount of: \$ _____

If you fill in this form, your personal information and that of your child will be collected and handled by the ACT Education Directorate (EDU) This information is necessary for us to manage student participation in excursions and support the welfare and safety of your child. If you do not consent to supply us with this information your child will be unable to participate in the excursion. Normally, we will not use or disclose this information for another purpose, without your consent, unless you would reasonably expect us to use or disclose the information for a related purpose. Normally we only share information with school staff and, where necessary, parents or volunteers assisting with the excursion to appropriately and effectively manage the excursion. The Directorate has a privacy policy that explains how we handle personal information, including how we handle privacy complaints. The policy is available on the Directorate's website (www.det.act.gov.au) on the About Us page.

The school has made every effort to keep costs for this event at a reasonable level. We have a student support and school equity fund, which can be used to provide financial assistance for students where parents are unable to make the requested payment. If however, there is insufficient total funding available to meet the cost of the program/camp/excursion, regrettably we may not be able to proceed. Please contact the Business Manager or Principal if you would like financial assistance for your child/children.

Kind regards,
Year 2 Team